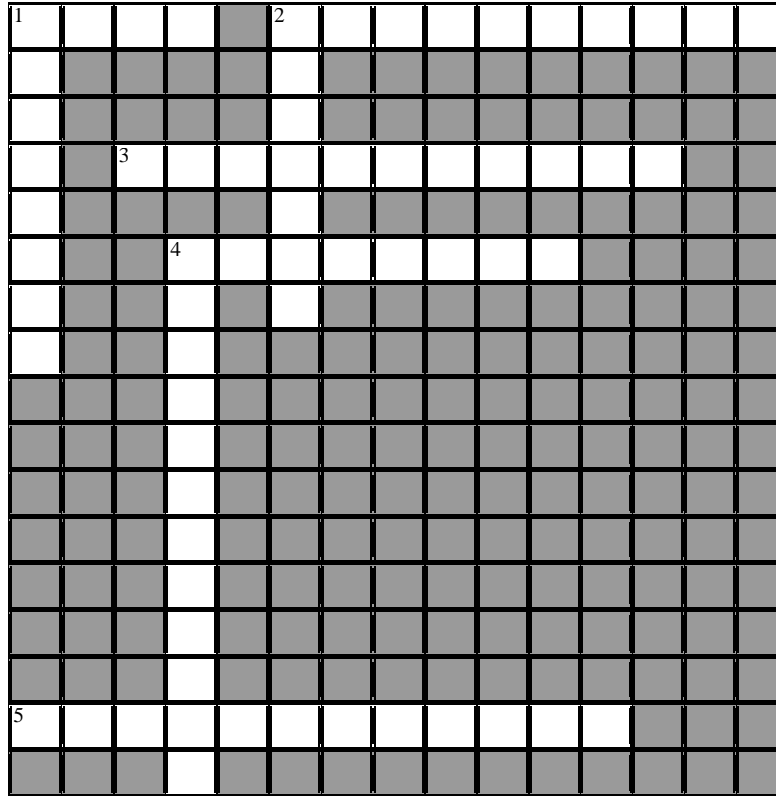


Crossword 5



ACROSS

DOWN

- 1. treating people and things with care and kindness because they mean so much to you.
- 2. creating a healthy balance in your life between work and play, rest and exercise. You don't overdo or get swept away by the things you like.
- 3. being neat and living with a sense of harmony. You are organized, and you know where things are when you need them.
- 4. quiet hope and trust that things will turn out right. You wait without complaining. You are tolerant and accepting of difficulties and mistakes. You picture the end in the beginning and persevere to meet your goals.

- 1. staying true to someone. It is standing up for something you believe in without wavering. It is being faithful to your family, country, school, friends or ideals, when the going gets tough as well as when things are good.
- 2. having self-respect. When you value yourself with quiet pride, you accept praise with humility and gratitude
- 4. being calm inside. Take time for daily reflection and gratitude. Solve conflicts so everyone wins